



MATHER HOUSE REOPENING IMPLEMENTATION PLAN

This implementation plan has been developed in accordance with the Pennsylvania Department of Health’s Interim Guidance for Skilled Nursing Facilities During COVID-19 dated June 26, 2020. This plan has been posted at The Hill at Whitemarsh’s web site and is available to residents and their family members upon request. **THE PLAN IS EFFECTIVE AS OF JULY 13, 2020 AND IS SUBJECT TO CHANGE AT ANY TIME BY THE HILL AT WHITEMARSH OR PURSUANT TO CHANGES IN STATE DEPARTMENT OF HEALTH GUIDANCE. PLEASE CONTACT MATHER HOUSE AT 215-402-8500 TO INQUIRE WHETHER THERE HAVE BEEN ANY CHANGES TO THIS PLAN.**

| FACILITY INFORMATION | |
|--|--|
| This section contains the name and location of the facility along with contact information for an individual designated by the facility. That individual does not have to be the Nursing Home Administrator but should be someone available to respond to questions regarding the Implementation Plan. | |
| 1. FACILITY NAME | |
| The Health Center at The Hill at Whitemarsh | |
| 2. STREET ADDRESS | |
| 4000 Foxhound Drive | |
| 3. CITY | 4. ZIP CODE |
| Lafayette Hill | 19444 |
| 5. NAME OF FACILITY CONTACT PERSON | 6. PHONE NUMBER OF CONTACT PERSON |
| Donna Gibbons NHA | 215-402-8729 |

| DATE AND STEP OF REOPENING |
|---|
| The facility will identify the date upon which all prerequisites will be met for reopening and the Step at which the facility will enter reopening. Those facilities that experienced a significant COVID-19 outbreak will identify the date the Department of Health survey was conducted (that is required prior to reopening). |
| 7. DATE THE FACILITY WILL ENTER REOPENING |
| 7/13/2020 |

DATE AND STEP OF REOPENING

8. SELECT THE STEP AT WHICH THE FACILITY WILL ENTER REOPENING – EITHER STEP 1 OR STEP 2 (CHECK ONLY ONE)

Step 1

The facility must meet all the Prerequisites, including the baseline universal test for COVID-19 administered to staff and residents (in accordance with the [June 8, 2020, Order of the Secretary of Health](#))

Step 2

The facility must meet all the Prerequisites, including the baseline universal test for COVID-19 administered to staff and residents (in accordance with the [June 8, 2020, Order of the Secretary of Health](#))

AND

Have the absence of any new facility onset of COVID-19 cases for 14 consecutive days since baseline COVID-19 testing

9. HAS THE FACILITY EXPERIENCED A SIGNIFICANT COVID-19 OUTBREAK? (IF NO, SKIP TO #11)

No

10. DATE THE FACILITY WAS SURVEYED BY THE DEPARTMENT OF HEALTH TO ENSURE THE FACILITY IS ADEQUATELY PREVENTING TRANSMISSION OF COVID-19

N/A

STRATEGY FOR TESTING, COHORTING, PERSONAL PROTECTIVE EQUIPMENT, AND STAFFING

To ensure the facility has taken appropriate measures to protect residents and staff, descriptions of those strategies are required in this section (prerequisites to reopening).

11. DATE RANGE FOR THE BASELINE UNIVERSAL TEST ADMINISTERED TO STAFF AND RESIDENTS (BETWEEN MAY 24, 2020 AND JULY 24, 2020) IN ACCORDANCE WITH THE [JUNE 8, 2020, ORDER OF THE SECRETARY OF HEALTH](#)

6/3/2020 to 07/24/2020

12. DESCRIBE THE CAPACITY TO ADMINISTER COVID-19 DIAGNOSTIC TESTS TO ALL RESIDENTS SHOWING SYMPTOMS OF COVID-19 AND TO DO SO WITH 24 HOURS

At this time The Hill at Whitemarsh has the capacity to test at any time through its partnership with Aegis Sciences Corporation.

13. DESCRIBE THE CAPACITY TO ADMINISTER COVID-19 DIAGNOSTIC TESTS TO ALL RESIDENTS AND STAFF IF THE FACILITY EXPERIENCES AN OUTBREAK

At this time The Hill at Whitemarsh has the capacity to test at any time through its partnership with Aegis Sciences Corporation.

14. DESCRIBE THE CAPACITY TO ADMINISTER COVID-19 DIAGNOSTIC TESTS TO ALL STAFF, INCLUDING ASYMPTOMATIC STAFF

At this time The Hill at Whitemarsh has the capacity to test at any time through its partnership with Aegis Sciences Corporation.

15. DESCRIBE THE PROCEDURE FOR ADDRESSING NEEDED TESTING OF NON-ESSENTIAL STAFF AND VOLUNTEERS

All non-essential staff will have a baseline COVID-19 test performed if they work in the Skilled Nursing Facility (SNF) or Oakley Hall on a weekly basis.

STRATEGY FOR TESTING, COHORTING, PERSONAL PROTECTIVE EQUIPMENT, AND STAFFING

16. DESCRIBE THE PROCEDURE FOR ADDRESSING RESIDENTS OR STAFF THAT DECLINE OR ARE UNABLE TO BE TESTED

RESIDENTS

Asymptomatic residents may refuse to be tested. These residents, if potentially exposed to COVID-19, will be cared for in a COVID-19 negative potentially exposed (Yellow) zone until at least 14 days after exposure. If these residents develop fever or respiratory symptoms, testing is recommended, and the testing request will be re-visited with the resident or responsible party. Residents who were exposed to COVID-19 and are exhibiting symptoms consistent with COVID-19, but have not been tested or will not be tested will be considered a case and moved to a COVID-19 red zone.

STAFF

Asymptomatic staff may refuse to be tested. These staff should not care for residents in unexposed (Green) Zones.

- (1) Team members who refuse testing will be scheduled to work in COVID Yellow and Red Zones.
- (2) If the facility does not have any active Yellow or Red zones these team members will be removed from the schedule until further notice.

17. DESCRIBE THE PLAN TO COHORT OR ISOLATE RESIDENTS DIAGNOSED WITH COVID-19 IN ACCORDANCE WITH [PA-HAN-509](#) PURSUANT TO SECTION 1 OF THE *INTERIM GUIDANCE FOR SKILLED NURSING FACILITIES DURING COVID-19*.

The Hill at Whitemarsh will designate a closed unit which has been designated to care for COVID-19 positive patients and/or patients under investigation for COVID-19 (PUI). The unit will have two designated zones, one which hosts “Yellow Zone” residents and the other “Red Zone” residents. The unit will be identified by signage alerting all staff. The doors to the unit will always remain closed.

COVID-19 Patient Zoning

GREEN ZONE

- Any resident in the facility who was not tested and is thought to be unexposed to COVID-19.

YELLOW ZONE

- Any resident who could have been potentially exposed to COVID-19, but remain asymptomatic and are within 14 days of possible exposure to COVID-19. This zone can also include individuals who are symptomatic and awaiting testing results. (Droplet Precautions Required)

RED ZONE

- Any resident who is COVID-19 positive and still within the parameters for transmission-based precautions. (Droplet Precautions Required)

18. DESCRIBE THE CURRENT CACHE OF PERSONAL PROTECTIVE EQUIPMENT (PPE) AND THE PLAN TO ENSURE AN ADEQUATE SUPPLY OF PPE FOR STAFF (BASED ON THE TYPE OF CARE EXPECTED TO BE PROVIDED)

The Hill at Whitemarsh has an adequate supply of Personal Protective Equipment (PPE) on hand. Weekly reviews of par levels are conducted by the senior healthcare team and central supply. The Hill at Whitemarsh actively maintains its relationships with PPE vendors to ensure an ongoing adequate supply.

STRATEGY FOR TESTING, COHORTING, PERSONAL PROTECTIVE EQUIPMENT, AND STAFFING

19. DESCRIBE THE CURRENT STAFFING STATUS AND THE PLAN TO ENSURE NO STAFFING SHORTAGES

Currently, The Hill at Whitemarsh is not experiencing any staffing shortages and maintains staffing levels significantly above state regulatory requirements based on census. If necessary, The Hill at Whitemarsh will limit census and initiate a 12-hour schedule with the direct care staff to ensure there are no staffing shortages. If such measures are not sufficient, the Director of Healthcare will activate the COVID-19 Pandemic response team to address critical staffing needs should they arise.

20. DESCRIBE THE PLAN TO HALT ALL REOPENING FACILITIES IF THE COUNTY IN WHICH THE FACILITY IS LOCATED IS REVERTED TO A RED PHASE OF THE GOVERNOR'S REOPENING PLAN

If Montgomery County reverts back to the Red Phase under Governor Wolfe's reopening plan, The Hill at Whitemarsh will cease all reopening plans effective immediately and revert back to all Red Phase protocols pursuant to State Department of Health guidance.

SCREENING PROTOCOLS

In each block below, describe the screening protocol to be used including where screening occurs, method of determining symptoms and possible exposure, and action taken if screening reveals possible virus.

21. RESIDENTS

During the COVID-19 emergency, screening of all Mather House and Oakley Hall residents for signs/symptoms of COVID-19 will take place twice a day including temperature screening. If a resident develops signs/symptoms or has a fever (temperature ≥ 100 degrees Fahrenheit), the resident must immediately be placed on droplet precautions, the resident must remain in their room and wear a surgical mask when health care providers enter the room, if appropriate. The resident's medical provider must be contacted immediately for further direction and assessment. Staff caring for those confirmed, suspected or under investigation for COVID-19 must wear appropriate PPE such as N95 Mask, Face shield/Goggles, Gown, and Gloves. To help prevent the spread of the virus, residents will be cohorted in zones according to the PA Department of Health COVID-19 color coding system (effective May 14th, 2020) as follows:

- **GREEN ZONE**

Any resident in the facility who was not tested and is thought to be unexposed to COVID-19. No green zone residents are to be roomed on the COVID-19 Unit. Green zone is designated to the 3rd floor of Mather House.

- **YELLOW ZONE**

Any resident who could have been potentially exposed to COVID-19 but remains asymptomatic and is within 14 days of possible exposure to COVID-19. This zone can also include individuals who are symptomatic and awaiting testing or test results. (Droplet Precautions Required)

- **RED ZONE**

Any resident who is COVID-19 positive and still within the parameters for transmission-based precautions. (Droplet Precautions Required)

Upon assessment, the decision will be made if the resident should be moved to the COVID-19 unit of Mather House by the Medical Provider, Director of Healthcare, Director of Nursing, and Infection Preventionist based on resident's symptoms and exposure in conjunction with the PA HAN 508 Color Zoning protocol.

SCREENING PROTOCOLS

22. STAFF

Effective March 26th, 2020 The Hill at Whitemarsh contracted with a private security firm which mans a security check point on Foxhound Drive as you enter the community. All vehicles approaching the checkpoint will be stopped by security and required to show employee ID or another form of identification. Please see additional information on the screening processes below. To help prevent the spread of COVID-19, The Hill at Whitemarsh enforces a strict screening process in which team members are screened for travel, and signs and symptoms of COVID-19, including temperature screening.

Staff Temperature Screening

- (1) All health care staff who work in Mather House (nursing, dining, housekeeping, activities & therapy) are screened at the Mather House entrance prior to entering the building for their shift.
- (2) For any temperature of 99.5° F or greater, team members will be sent home per existing protocol.
- (3) All temperatures taken at the Mather House entrance will be recorded in a log and kept for regulatory purposes.

In addition to the temperature screening, the screening process includes:

- (1) Requiring the individual to wash their hands or used alcohol-based hand rub before entry.
- (2) Requiring the individual to put on their Hill issued surgical mask before entry.
- (3) Asking the individual if they have traveled to areas with community-based transmission. If the answer is YES, the individual will be restricted from entering the community.
- (4) Ask the individual if they have any of the following respiratory symptoms: fever, sore throat, cough, or shortness of breath. If the answer is YES, the individual will be restricted from entering the community.
- (5) Ask the individual if they have been exposed to anyone with, or under investigation for, COVID-19. If the answer is YES, the individual will be restricted from entering the community.

(1) HEALTHCARE PERSONNEL WHO ARE NOT STAFF

All Healthcare personnel who are not staff will be held to the same screening process as staff members with an initial screening at Quarry Row requiring ID being screened at the Mather House main entrance. To help prevent the spread of COVID-19, The Hill at Whitemarsh enforces the same strict screening process in which individuals are screened for travel, and signs and symptoms of COVID-19 including temperature screening.

- (2) All healthcare personnel are temperature screened upon entry to the building. For any temperature $\geq 99.5^{\circ}$ F the individual will be denied access.
- (3) As part of the screening process, the security team member will require the individual to wash their hands or used alcohol-based hand rub before entry.
- (4) The screening team will then ask the individual: 1) if they have traveled to areas with community-based transmission; 2) if they have any of the following respiratory symptoms: fever, sore throat, cough, or shortness of breath; and 3) if they have been exposed to anyone with, or under investigation for, COVID-19. If the answer is YES to any of the above questions, the individual will be restricted from entering the community.
- (5) As part of the screening process the security team member will require the individual to put on their Hill issued surgical mask before entry.

SCREENING PROTOCOLS

(1) NON-ESSENTIAL PERSONNEL

Non-Essential Personnel will only be permitted if deemed necessary. In the event that non-essential personnel are deemed necessary, they will be screened upon entry to the main building entrance as listed below. To help prevent the spread of COVID-19, The Hill at Whitemarsh enforces the same strict screening process in which individuals are screened for travel, and signs and symptoms of COVID-19 including temperature screening.

- (2) Each individual is temperature screened upon entry to the building. For any temperature $\geq 99.5^{\circ}$ F the individual will be denied access.
- (3) As part of the screening process the security team members will require the individual to wash their hands or used alcohol-based hand rub before entry.
- (4) The screening team will then ask the individual: 1) if they have traveled to areas with community-based transmission; 2) if they have any of the following respiratory symptoms: fever, sore throat, cough, or shortness of breath; and 3) if they have been exposed to anyone with, or under investigation for, COVID-19. If the answer is YES to any of the above questions, the individual will be restricted from entering the community.
- (5) As part of the screening process the security team member will require the individual to put on their Hill issued surgical mask before entry.

23. VISITORS

Effective March 26th, 2020, The Hill at Whitemarsh has contracted with a private security firm which mans a security check point on Foxhound Drive as you enter the community. All vehicles approaching the checkpoint will be stopped by security and required to produce state ID or another form of identification in addition to being added to the daily visitor's log. Please see additional information on the screening processes below.

To help prevent the spread of COVID-19, The Hill at Whitemarsh also enforces the following strict screening process in which individuals are screened for travel, and signs and symptoms of COVID-19 including temperature screening.

- (1) Each individual is to be temperature screened upon entry to the building. For any temperature $\geq 99.5^{\circ}$ F the individual will be denied access.
- (2) As part of the screening process the security team members will require the individual to wash their hands or used alcohol-based hand rub before entry.
- (3) The screening team will then ask the individual: 1) if they have traveled to areas with community-based transmission; 2) if they have any of the following respiratory symptoms: fever, sore throat, cough, or shortness of breath; and 3) if they have been exposed to anyone with, or under investigation for, COVID-19. If the answer is YES to any of the above questions, the individual will be restricted from entering the community.
- (4) Entrance into the building will be clearly marked with signage that a universal masking policy is in effect and visitors will be provided with masks by the facility prior to entrance.

SCREENING PROTOCOLS

24. VOLUNTEERS

At this time The Hill at Whitemarsh is not permitting volunteers of any kind to provide services within the Skilled Nursing Facility. In the event that volunteers have to enter the building during an unforeseen event, they will be screened upon entry to the main building entrance as listed below.

Each individual will be screened for travel, and signs and symptoms of COVID-19.

- (1) Each individual is temperature screened upon entry to the building. For any temperature $\geq 99.5^{\circ}$ F the individual will be denied access.
- (2) As part of the screening process the security team members will require the individual to wash their hands or used alcohol-based hand rub before entry.
- (3) The screening team will then ask the individual: 1) if they have traveled to areas with community-based transmission; 2) if they have any of the following respiratory symptoms: fever, sore throat, cough, or shortness of breath; and 3) if they have been exposed to anyone with, or under investigation for, COVID-19. If the answer is YES to any of the above questions, the individual will be restricted from entering the community.
- (4) As part of the screening process the security team member will require the individual to put on their Hill issued surgical mask before entry.

COMMUNAL DINING FOR RESIDENTS UNEXPOSED TO COVID-19

Communal dining is the same for all steps of reopening so there is no need to differentiate among the three steps.

25. DESCRIBE COMMUNAL DINING MEAL SCHEDULE, INCLUDING STAGGERED HOURS (IF ANY)

Once the prerequisites to communal dining set forth in the States Reopening Guidance have been satisfied, The Hill at Whitemarsh will resume communal dining for Mather House residents as follows: 1) only residents unexposed to COVID-19 will be permitted to participate in communal dining; 2) no more than two residents will be seated at a table; and 3) social distancing guidelines, including at least 6 feet between each table, will be met. The communal dining schedule will commence with lunch service daily between the hours of 11:30AM and 1:00PM over the course of a two week period, followed by dinner service between 5:00PM and 6:30PM and breakfast service between 8:00AM and 9:00AM in two weeks intervals. Staggered seating times will be offered if deemed necessary by the census to maintain social distancing, capacity control and environmental services practices.

26. DESCRIBE ARRANGEMENT OF TABLES AND CHAIRS TO ALLOW FOR SOCIAL DISTANCING

Tables will be set for no more than two (2) residents and will be spaced at a distance of at least 6 feet away from each other in accordance with social distancing guidelines. All unneeded tables and chairs will be removed from the dining areas and placed in storage.

27. DESCRIBE INFECTION CONTROL MEASURES, INCLUDING USE OF PPE BY STAFF

It is a requirement that all dietary staff employ the use of both surgical masks and face shields during the meal service periods as well as maintain the highest levels of hand hygiene at all times. If staggered meal periods are required, adequate time between seatings will be permitted to allow for proper sanitizing of the dining spaces and environmental services practices. Any residents that require feeding assistance will be identified prior to seating and proper PPE for droplet precautions will be maintained along with social distancing practices.

COMMUNAL DINING FOR RESIDENTS UNEXPOSED TO COVID-19

28. DESCRIBE ANY OTHER ASPECTS OF COMMUNAL DINING DURING REOPENING

The communal dining area will be completely sanitized at the end of each meal period with the use of both peroxide cleaners as well electrostatic guns to ensure the area is sterilized and maintains the highest level of sanitation. All unneeded tables and chairs will be removed from the dining areas and placed in storage.

ACTIVITIES AND OUTINGS

In each block below, describe the types of activities that will be planned at each step and the outings that will be planned at Step 3 (an all-inclusive list is not necessary). Include where they will be held and approximately how many residents will be involved. Describe how social distancing, hand hygiene, and universal masking will be ensured. Also include precautions that will be taken to prevent multiple touching of items such as game pieces.

29. DESCRIBE ACTIVITIES PLANNED FOR STEP 1 (FIVE OR LESS RESIDENTS UNEXPOSED TO COVID-19)

Areas covered include before, after and during programs. Prior to activities the following infection control precautions will be implemented: 1) sanitize hands of resident/staff prior to program; and 2) sanitize materials that residents will be handling. During the program, residents will be positioned 6 feet apart. If residents are using shared materials, the material will be sanitized between uses. Post Program, the resident/staff hands will be sanitized as well as all equipment. Additional programming options: When available, residents will be provided with leisure materials that can be disposed of after use (printed packets – crossword puzzles, books, etc.). Residents will also be provided with opportunities to Facetime, Skype and participate in other virtual communication platforms with family and friends and programs will be streamed through the in-house TV channel. Some examples include one-on-one visits with an Activity Professional, entertainment held outdoors with residents in their residence with windows open. Events will be held in resident private rooms. Universal masking is required for all residents and staff unless medically indicated.

30. DESCRIBE ACTIVITIES PLANNED FOR STEP 2 (TEN OR LESS RESIDENT UNEXPOSED TO COVID-19)

Areas covered include before, after and during programs. Prior to activities: Sanitize hands of resident/staff prior to program. Sanitize materials that residents will be handling. During program: Residents will be positioned 6 feet apart. If residents are using shared materials, the material will be sanitized between uses. Groups will be limited to under ten participants including team members assisting with the activity and care givers. Post Program: Sanitize resident/staff hands post program. Sanitize all equipment. Additional programming options: When available, residents will be provided with leisure materials that can be disposed of after use. (printed packets – crossword puzzles, books, etc.) Residents will be provided with opportunities to Facetime, Skype and participate in other virtual communication platforms with family and friends. Programs will be streamed through the in-house TV channel and in the living rooms areas. Some examples include one-on-one visits with an Activity Professional, entertainment held outdoors with residents in their residence with windows open, outdoor small group programming, horticulture therapy, cart deliveries, small socials for special events, art and craft classes, educational events through virtual programming. Events will be held in resident private rooms, and common space/living rooms/outside areas. Universal masking is required for all residents and staff unless medically indicated. Live music entertainment will be held outdoors with proper social distancing – residents who choose can also stay in their rooms and open their windows to listen to the music.

ACTIVITIES AND OUTINGS

31. DESCRIBE ACTIVITIES PLANNED FOR STEP 3

Areas covered include before, after and during programs. Prior to activities: Sanitize hands of resident/staff prior to program. Sanitize materials that residents will be handling. During program: Residents will be positioned 6 feet apart. If residents are using shared materials, the material will be sanitized between uses. Groups will be limited to individuals unexposed to COVID-19. Post Program: Sanitize resident/staff hands post program. Sanitize all equipment. Additional programming options: When available, residents will be provided with leisure materials that can be disposed of after use. (printed packets – crossword puzzles, books, etc.) Residents will be provided with opportunities to Facetime, Skype and participate in other virtual communication platforms with family and friends. Programs will be streamed through the in-house TV channel and the living room areas. Some examples include one-on-one visits with an Activity Professional, entertainment held outdoors with residents in their residence with windows open, outdoor small group programming, horticulture therapy, cart deliveries, small socials for special events, art and craft classes, educational events through virtual programming. Events will be held in resident private rooms, and common space/living rooms/outside areas. Live music entertainment will be held outdoors with proper social distancing – residents who choose can also stay in their rooms and open their windows to listen to the music.

32. DESCRIBE OUTINGS PLANNED FOR STEP 3

At this time, The Hill at Whitemarsh has no plans to take residents on recreational outings due to COVID-19 exposure risk. Outside essential appointments will be planned through the Director of Nursing and all appropriate precautions will be maintained.

NON-ESSENTIAL PERSONNEL

In Step 2, non-essential personnel deemed necessary by the facility are allowed (in addition to those already permitted in Section 4 of *Interim Guidance for Skilled Nursing Facilities During COVID-19*). In Step 3, all non-essential personnel are allowed. Screening and additional precautions including social distancing, hand hygiene, and universal masking are required for non-essential personnel.

33. DESCRIBE THE LIMITED NUMBER AND TYPES OF NON-ESSENTIAL PERSONNEL THAT HAVE BEEN DETERMINED NECESSARY AT STEP 2

Non-Essential Personnel such as outside cleaning vendors, vending machine management contractors and pest control providers will be allowed entry if necessary, while in Step 2. Non-Essential Personnel will be limited to two (2) individuals per provider at one given time.

NON-ESSENTIAL PERSONNEL

(1) DESCRIBE HOW SOCIAL DISTANCING, HAND HYGIENE, AND UNIVERSAL MASKING WILL BE ENSURED FOR NON-ESSENTIAL PERSONNEL AT STEPS 2 AND 3

Non-Essential Personnel will only be permitted if deemed necessary during these times. In the event that non-essential personnel have to enter the building they will be screened upon entry into the building as stated below. Throughout the building there are hand sanitization stations which allow for frequent application of hand sanitizer, in addition to the public bathrooms located throughout the building. All persons entering the building are required to practice hand hygiene upon entry prior to screening. Entrance ways to the buildings will be clearly marked with signage that a universal masking policy is in effect and masks as well as face shields will be provided by the facility to ensure the effectiveness of the mask prior to entrance. High traffic areas will also have floor signage which serve as reminders that social distancing is in effect. Resident interaction with non-essential personnel will not be permitted unless otherwise deemed necessary. If necessary, non-essential personnel will be required to wear droplet precaution based PPE.

To help prevent the spread of COVID-19 The Hill at Whitemarsh enforces a strict screening process in which individuals are screened for travel, and signs and symptoms of COVID-19 including temperature screening.

- (2) As part of the screening process the security team members will require the individual to wash their hands or used alcohol-based hand rub before entry.
- (3) Each individual is to be temperature screened upon entry to the building. For any temperature $\geq 99.5^{\circ}$ F the individual will be denied access.
- (4) The screening team will then ask the individual: 1) if they have traveled to areas with community-based transmission; 2) if they have any of the following respiratory symptoms: fever, sore throat, cough, or shortness of breath; and 3) if they have been exposed to anyone with, or under investigation for, COVID-19. If the answer is YES to any of the above questions, the individual will be restricted from entering the community.
- (5) As part of the screening process the security team members will require the individual to put on their Hill issued surgical mask before entry

34. DESCRIBE MEASURES PLANNED TO ENSURE NON-ESSENTIAL PERSONNEL DO NOT COME INTO CONTACT WITH RESIDENTS EXPOSED TO COVID-19

Non-essential personnel will not be permitted to enter the *COVID-19 unit*. In the event that non-essential personnel must enter the *COVID-19 unit*, the resident occupying the room needing service will be temporarily relocated and the space will be sanitized prior to non-essential personnel entering. All individuals entering the *COVID-19 unit* are required to don PPE prior to entering the unit.

VISITATION PLAN

For visitation to be permitted in Steps 2 and 3 of reopening (as described in Section 6 of *Interim Guidance for Skilled Nursing Facilities During COVID-19*), the following requirements are established. Screening and additional precautions including social distancing, hand hygiene, and universal masking are required for visitors.

35. DESCRIBE THE SCHEDULE OF VISITATION HOURS AND THE LENGTH OF EACH VISIT

Mather House has identified two private rooms as a designated visitation space. This is a neutral zone that allows visitors direct access for visitation. The main entrance into Mather House will be utilized for such visitation. Upon entrance, symptoms surveillance in addition to exposure screening and temperature screening will be conducted by security. If for any reason deemed necessary, i.e. fever, cough, COVID-19 exposure, Mather House security will not permit the visitation.

Process guidelines: The following protocol below will be required.

- (1) Visitors will adhere to screening protocols at all times.
- (2) Visitation is limited to two family members at a time.
- (3) A face mask is required at all times during this visit; a mask will be provided at security desk upon entry to the facility.
- (4) Hand Hygiene will take place at the security desk before screening is completed.
- (5) Social distancing is required at 6 feet as per Center for Disease Control (CDC) guidelines.
- (6) Sign in and contact information to be provided upon arrival.
- (7) Sign out upon departure
- (8) Any violation of the above will terminate visitation
- (9) Each visitation session will be 50 minutes in length

Visitation hours

Monday – Friday
10:00am-10:50am
11:00am-11:50am
1:30pm-2:20pm
2:30pm-3:20pm

36. DESCRIBE HOW SCHEDULING VISITORS WILL OCCUR

Visitors will be provided a survey link in a weekly family update letter that is emailed to a contact list that is managed by the Social Services Manager and Recreation Assistant. The link will provide a sign- up time for visitation Monday through Friday.

37. DESCRIBE HOW VISITATION AREA(S) WILL BE SANITIZED BETWEEN EACH VISIT

Each visitation will be approximately 50 minutes in length and a ten-minute cleaning allotment has been added to each visit to allow for sanitation. Each room will have 1 staff person assigned to the visitation slot and will be responsible to sanitize the area with an EPA-registered disinfectant to wipe down visitation area between visits.

38. WHAT IS THE ALLOWABLE NUMBER OF VISITORS PER RESIDENT BASED ON THE CAPABILITY TO MAINTAIN SOCIAL DISTANCING AND INFECTION CONTROL?

Mather House has authorized two (2) visitors at a time in a private room. Each room will allow the resident a space of 6 feet required distance between them and their visitors. Each resident and visitor spaces are identified by a round sticker on the floor that identifies the required 6 ft for proper social distancing.

| VISITATION PLAN | |
|--|--|
| <p>39. DESCRIBE THE ORDER IN WHICH SCHEDULED VISITS WILL BE PRIORITIZED The Hill will schedule visitation for residents with diseases that cause progressive cognitive decline (e.g., Alzheimer’s disease) and residents expressing feelings of loneliness will be prioritized as first visitation. All open slots thereafter will be reserved for any resident wishing to visit with their families.</p> | |
| STEP 2 | <p>40. DESCRIBE HOW THE FACILITY WILL DETERMINE THOSE RESIDENTS WHO CAN SAFELY ACCEPT VISITORS AT STEP 2 (CONSIDERING SUCH SAFETY FACTORS AS EXPOSURE TO OUTDOOR WEATHER AND TRANSPORTING RESIDENT TO VISITOR LOCATION) Providing the Health Care Center at Whitemarsh has not had any in-house acquired COVID-19 outbreaks for at least 14 days, The Hill will schedule visitation for residents with diseases that cause progressive cognitive decline (e.g., Alzheimer’s disease) and residents expressing feelings of loneliness will be prioritized as first visitation. All open slots thereafter will be reserved for any resident wishing to visit with their families.</p> |
| | <p>41. DESCRIBE THE OUTDOOR VISITATION SPACE FOR STEP 2 TO INCLUDE THE COVERAGE FOR SEVERE WEATHER, THE ENTRANCE, AND THE ROUTE TO ACCESS THE SPACE At this time, The Hill at Whitemarsh (Mather House) will refrain from outside visitation but will continue to provide window visitation for their families. This is limited to two visitors; face mask is always required along with 6 feet social distancing.</p> |
| | <p>42. DESCRIBE HOW A CLEARLY DEFINED SIX-FOOT DISTANCE WILL BE MAINTAINED BETWEEN THE RESIDENT AND THE VISITOR(S) DURING OUTDOOR VISITS The patio space outside the Mather House entrance is clearly marked with floor markings to identify each space and the required social distancing space of 6 feet per CDC guidelines.</p> |
| | <p>43. DESCRIBE THE INDOOR VISITATION SPACE THAT WILL BE USED IN THE EVENT OF EXCESSIVELY SEVERE WEATHER TO INCLUDE THE ENTRANCE AND THE ROUTE TO ACCESS THE SPAC Each private room will have a round floor marker with the 6ft socially distancing space between the resident and their visitor as per CDC guidelines. In addition, a table will be placed in between each resident and their guests to ensure the 6 feet of social distancing occurs.</p> |
| | <p>44. DESCRIBE HOW A CLEARLY DEFINED SIX-FOOT DISTANCE WILL BE MAINTAINED BETWEEN THE RESIDENT AND THE VISITOR(S) DURING INDOOR VISITS Each private room will have a round floor marker with the 6ft socially distancing space between the resident and their visitor as per CDC guidelines. In addition, a table will be placed in between each resident and their guests to ensure the 6 feet of social distancing occurs.</p> |
| STEP 3 | <p>45. DESCRIBE HOW THE FACILITY WILL DETERMINE THOSE RESIDENTS WHO CAN SAFELY ACCEPT VISITORS AT STEP 3 (CONSIDERING SUCH SAFETY FACTORS AS TRANSPORTING RESIDENT TO VISITOR LOCATION) Providing The Hill has not had any in-house acquired COVID-19 outbreaks for at least 14 days, and residents are free of any sign or symptoms and have not been exposed to COVID-19, each resident will be transported to/from the neutral zone by an authorized staff person for their visitation location.</p> |
| | <p>46. WILL OUTDOOR VISITATION BE UTILIZED AT STEP 3? IF NO, SKIP TO QUESTION #52</p> <p style="margin-left: 40px;">Yes</p> |

| VISITATION PLAN | |
|-----------------|--|
| | <p>47. DESCRIBE THE OUTDOOR VISITATION SPACE FOR STEP 3 TO INCLUDE THE COVERAGE FOR SEVERE WEATHER, THE ENTRANCE, AND THE ROUTE TO ACCESS THE SPACE (IF THE SAME AS STEP 2, ENTER "SAME")</p> <p>The Mather House garden area located at the front entrance to Mather House has been identified as the outdoor visitation space. The space is clearly identified by 6 foot socially distancing floor stickers adhered to the cement. The area is a covered porch, which allows appropriate safety measures during inclement weather. In the event that a severe weather event occurs, visitation will be rerouted to an inside visit upon resident/family approval.</p> |
| | <p>48. DESCRIBE HOW A CLEARLY DEFINED SIX-FOOT DISTANCE WILL BE MAINTAINED BETWEEN THE RESIDENT AND THE VISITOR(S) DURING OUTDOOR VISITS (IF THE SAME AS STEP 2, ENTER "SAME")</p> <p>The space is clearly identified by 6 foot socially distancing floor stickers adhered to the cement. Visitation hours will be monitored by The Hill at Whitemarsh staff to ensure all safety and socially distancing guidelines and followed per the CDC and PA Department of Health.</p> |
| | <p>49. DESCRIBE THE INDOOR VISITATION SPACE THAT WILL BE USED TO INCLUDE THE ENTRANCE AND THE ROUTE TO ACCESS THE SPACE (IF THE SAME AS STEP 2, ENTER "SAME")</p> <p>SAME</p> |
| | <p>50. DESCRIBE HOW A CLEARLY DEFINED SIX-FOOT DISTANCE WILL BE MAINTAINED BETWEEN THE RESIDENT AND THE VISITOR(S) DURING INDOOR VISITS (IF THE SAME AS STEP 2, ENTER "SAME")</p> <p>SAME</p> |
| | <p>51. FOR THOSE RESIDENTS UNABLE TO BE TRANSPORTED TO THE DESIGNATED VISITATION AREA, DESCRIBE THE INFECTION CONTROL PRECAUTIONS THAT WILL BE PUT IN PLACE TO ALLOW VISITATION IN THE RESIDENT'S ROOM</p> <p>Visitors will be limited to two (2) persons, prior to admittance visitors will be temperature screened and be required to complete a COVID-19 questionnaire. Visitors will be escorted to residents' room after droplet precaution PPE has been donned. Visitors will have a designated seating area for social distance in residents' room. Visitation will be supervised to ensure social distancing and PPE remain in place.</p> |

| VOLUNTEERS | |
|--|--|
| <p>In Step 2, volunteers are allowed only for the purpose of assisting with outdoor visitation protocols and may only conduct volunteer duties with residents unexposed to COVID-19. In Step 3, all volunteer duties may be conducted, but only with residents unexposed to COVID-19. Screening, social distancing, and additional precautions including hand hygiene and universal masking are required for volunteers.</p> | |
| | <p>52. DESCRIBE INFECTION CONTROL PRECAUTIONS ESTABLISHED FOR VOLUNTEERS, INCLUDING MEASURES PLANNED TO ENSURE VOLUNTEERS DO NOT COME INTO CONTACT WITH RESIDENTS EXPOSED TO COVID-19</p> <p>Volunteers are not permitted to provide assistance during the COVID-19 pandemic.</p> |
| | <p>53. DESCRIBE THE DUTIES TO BE PERFORMED BY VOLUNTEERS DURING STEP 2</p> <p>Volunteers are not permitted to provide assistance during the COVID-19 pandemic.</p> |

| RESPONSIBLE PARTY | |
|--|--|
| <p>The Nursing Home Administrator (NHA) is responsible for the accuracy of the Implementation Plan and the facility's adherence to it.</p> | |

RESPONSIBLE PARTY**54. NAME OF NURSING HOME ADMINISTRATOR**

Donna Gibbons